



PMS COLLEGE
OF
DENTAL SCIENCE & RESEARCH

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LIFE SKILLS TRAINING

RESOURCE PERSON

Prof.(Dr.) PRAKASH RAMAKRISHNAN

DIRECTOR, TRAINING INSTITUTE OF LABOUR AND MANAGEMENT

THIRUVANANTHAPURAM

FOR ANY CLARIFICATIONS:

Dr.RESHMI A (9400936316)

COURSE COORDINATOR



PROGRAM OUTLINE

TOPIC
COMMUNICATION SKILLS

SPEAKER

Prof.(Dr.) PRAKASH RAMAKRISHNAN

DATE

23.11.2021,

07.12.2021

TIME

12pm-3pm

TOPIC
PROFESSIONAL SKILLS

SPEAKER

Ms. PARVATHY SIVADAS

DATE

14.12.2021, 21.12.2021,

TIME

12pm-3pm

PUBLIC SPEAKING

30.11.2021

Mr.R C RAJILAN

PRINCIPAL
PMS COLLEGE OF DENTAL
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THIRUVANANTHAPURAM-28



PROFILE

Mr. M C RAJILAN is a well known motivational speaker, soft skill trainer, career guru, coach and mentor etc... He has got 25 years of experience in Career excellence, 15 years as faculty in Central & State Govt. Institutions. He is also the Chairman and Head Coach of Research Academy for Creative Excellence RACE



- Chairman & Training Head - Research Academy For Creative Excellence (RACE)
- Certified Training Needs Analysis Consultant, Designer of Training, Trainer, Direct Training Skill under DoPT, Government of India.
- Certified Trainer - Junior Chamber International
- National Trainer & AUTHOR JCI India
- A-Grade National Level Master Trainer of National Institute of Rural Development of Govt. of India.
- Successfully Participated in the Trainers Training course on 'Designing & Facilitating Effective Learning Experience' by Azim Premji University
- Served as Sub Editor, Rajasthan Patrika in Jaipur.
- Anchored many programmes in Asianet, DD and Surya TV and delivered talks in AIR
- Authored articles in various Publications including Magazines and annual specials of Govt. & Non Govt. organizations on Soft Skills.
- Audit Officer (HG) in Kerala State Audit Department (on leave)

CONTACT DETAILS

MC RAJILAN

Mullavila, 261 Bhavana Nagar

Kadappakada PO., Kollam - 691008

Tel: 919447501501, 0474-2768034

Email: rajilanmc@gmail.com




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Prof (Dr.) PRAKASH RAMAKRISHNAN

LIFE SKILLS TRAINER AND SUCCESS COACH

This trainer has built up a provocative and inspiring approach to leadership and management development that is extensively sought after. A professional speaker and trainer renowned for his high-energy presentations and seminars aimed at achieving results. He is passionate about good leadership and effective management and how it can transform both organizations and individuals.

He plays an active role in various professional bodies and is also a guest speaker at various educational and management institutes. He likes to conduct his programmes in a lively, humorous and interactive manner. He is a Recognised National Trainer, Department of Personnel and Training, Govt. Of India. He is a Certified trainer in Service Delivery Programme and has a Certificate in Yoga Teachers Training. He has over 20 years experience in training officials, corporate staff, youth and students. His seminars stimulate the latent desire of every human being – inner fulfillment. His training methodology also involves the use of participatory techniques, experiential learning, relaxations, meditation etc. His expertise is in the area of Man Management Skills and Motivation. Attitudinal Programs are tailor-made to the customer's needs to bring out the desired outcome from the participants. His strengths lie in his personal involvement with the participants so as bring out the best in them. Favorite training areas include Leadership Skills, Team Work, Communications Skills, Presentation Skills, Stress Management, Time Management, Personal Effectiveness, Creative writing, Premarital Counselling and Effective classroom management.. His motivation programs will stimulate you to give a deeper and richer meaning to life and to be what you are really capable of being. Published eight books, 200 articles and appeared in various TV shows.

Key Qualifications: Doctorate in Agricultural Extension
Master of Business Administration
Master of Psychology
Post Graduate in Agricultural Extension
Post Graduate Diploma in Human Resource Management
Post Graduate Diploma in Journalism
Post Graduate Diploma in Counselling psychology
Certified trainer in Service Delivery
YOGA Teacher(TTC)
Recognised National Trainer, Department of Personnel and Training,
Government of India

Guest faculty in management : IMG, VSSC, KSEB, KWA, SIEMAT, SAMETI, State Institute for Health and Family Welfare

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PROFILE



Parvathy Das

Language and Soft Skills Coach.

Parvathy Das, an alumina of the prestigious English and Foreign Languages University, Hyderabad has been actively training students and adults in areas of English language communication and soft skills. An English language trainer with over 15 years' experience in imparting language skills to a wide audience, she has done numerous training programs at The Institute of Management in Government, Kerala Institute of Travel and Tourism Studies, VHSE schools, govt departments such as CMDA and ISM. She is an expert language coach at various Professional Colleges.

During her journey as a trainer, she has developed specialized training modules for specific groups of trainees including, executives, professionals, government employees, professional college students, school children etc. The modules developed for students at professional colleges have helped them to confidently communicate, face job interviews, participate in group discussions and enhance their employability.

Parvathy holds a master's degree in English language, from The English and Foreign Languages University, Hyderabad, and Bachelor's degree in Communicative English, from Kerala University. Apart from these, she is a certified NLP trainer and has completed various certificate programmes in public speaking and effective communication.




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Title of the program: Life skill training

Venue: PMS College of Dental Science and Research, Vattapara, Trivandrum.

Dated: 23.11.2021, 30.11.2021, 7.12.2021, 14.12.2021, 21.12.2021

Time: 12 pm-3 pm

Course Coordinator- Dr. Reshmi A

Program schedule

Day 1: Prof.(Dr). Prakash Ramakrishnan	- Communication skills
Day 2: MC Rajilan	-Public speaking
Day 3: Parvathy Das	-Presentation skills
Day 4: Prof.(Dr). Prakash Ramakrishnan	-Communication skills
Day 5: Prof.(Dr). Prakash Ramakrishnan	-Interpersonal relation ships

REPORT

A training program series on life skills training was conducted for faculty and students in PMS College Of Dental Science And Research. Communication skills and professional skills were covered through 5 sessions and the resource persons were Prof.(Dr). Prakash Ramakrishnan, MC Rajilan and Parvathy Das.

Program was attended by post graduate students, interns and undergraduate students and for faculty online link (via ZOOM platform) for each day was provided by institution. Academic sessions along with activities and exercises were given to the participants by the speakers. Program was scheduled for 2 hours; from 12 pm to 3 pm and all classes included interactive sessions. Feed back form were taken for each session and program was widely appreciated by the participants



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Prof. Prakash Ramakrishnan on 21-12-2021



Prof. Prakash Ramakrishnan on 23-11-2021



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VALUE ADDED COURSES

“LIFE SKILLS TRAINING”

VENUE : PMS COLLEGE OF DENTAL SCIENCE AND RESEARCH,VATTAPARA, TRIVANDRUM.

PROGRAM OUTLINE

TOPIC	SPEAKER	DATE	TIME
Communication skills	Prof.(Dr). Prakash Ramakrishnan	23.11.2021	12-3pm
Public speaking	MC Rajilan	30.11.2021	12-3 pm
Presentation skills	Parvathy Das	7.12.2021	12-3 pm
Communication skills	Prof.(Dr). Prakash Ramakrishnan	14.12.2021	12-3 pm
Interpersonal relation ships	Prof.(Dr). Prakash Ramakrishnan	21.12.2021	12-3 pm

COURSE FEATURES:

A training program series on life skills training was conducted for faculty and students in PMS College of dental science and research. Communication skills and professional skills were covered through 5 sessions and the resource persons were Prof. (Dr). Prakash Ramakrishnan, Mc Rajilan and Parvathy Das.



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Program was attended by post graduate students, interns and undergraduate students and faculty participation through zoom platform. The speakers gave academic sessions along with activities and exercises to the participants. Program was scheduled for 3 hours; from 12 pm to 3 pm and all classes included interactive sessions. We anticipate that the participants obtain the core of the class and will be able to imbibe it into their day today life. Feedback forms were taken for each session and program was widely appreciated by the participants.

COURSE OUTCOME:

The outcome gained after conducting this program was very much appreciable. The students/ participants were very enthusiastic all throughout the lecture. They had an interactive session in which they shared their experiences. As a feedback they received a better perception to their future life both in personal and in career aspects. The lecture helped them to maintain a productive conversation with each other.



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CLINICAL TRAINING

This program is conducted for Junior Residents for improving their theoretical as well as clinical knowledge in dentistry. The program will include all the important clinical branches of dentistry. A hands-on section will be included. The clinical training is meticulously organized by the respective departments as per schedule.

Date : 15.11.2019 – 18.02.2020

Time : 08.00am – 04.00pm

Venue : PMS College of Dental Science & Research



FINISHING SCHOOL

2019-2020

For Junior Residents



Finishing School Lecture Schedule for Junior Residents - reg

Academics

Mon 11/18/2019 11:55 AM

To: Info <info@pmscollege.ac.in>

📎 2 attachments (56 KB)

batch posting of interns.xlsx; modified schedule 15 nov.docx;

Sir,

Good Morning, Following the telephonic Conversation we had on 15/11/2019 (Friday), as per your instruction following changes were made:

- Combined several small topics to make it more appealing
- Divided the Programme into 3 modules -
 - First Module will comprise of 3 departments (Periodontics, Pedodontics, Conservative Dentistry) Theory and Hands on Commencing from 25/11/2019 to 30/12/2019.
 - Second Module will be 3 departments (Orthodontics, Prosthodontics and OMFS) Commencing from 01/01/2020 to 21/01/2020 (Theory) and 22/01/2020 to 24/01/2020 (Hands on)
 - Third Module will have OMR and Esthetic Dentistry from 03/02/2020 to 14/02/2020 (Theory) and 17/02/2020 and 18/02/2020 Handson.
- 20/02/2020 - Final Exam Comprising of MCQ's
 - Total - 160 Questions
- Top 3 students will be facilitated.

Regards

Dr. Rajesh Pillai




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FINISHING SCHOOL LECTURE SCHEDULE

Junior Residents (Venue: A/C Auditorium)

(Time: 8am-9am)

Department of Periodontics

DATE	TOPIC	FACULTY
25/11/19	Differentiate between Gingivitis and Periodontitis	Dr. Seniya K M
26/11/19	Importance of Attached Gingiva in Periodontics & Implantology – How to assess	
27/11/19	How to perform a Flap Surgery, Tooth mobility and Management	
28/11/19	How to perform Gingivoplasty, Gingivectomy, Gingival Depigmentation and Frenectomy	
29/11/19	Root Resection	

Department of Pedodontics

DATE	TOPIC	FACULTY
2/12/19	Space maintainers-Indications & uses	Dr. Karthika S
3/12/19	Stainless steel crowns	
4/12/19	Management of premature loss of Young Permanent Anterior teeth	
5/12/19	Pulpotomy & Pediatric Endodontics	

Department of Conservative Dentistry & Endodontics

DATE	TOPIC	FACULTY
16/12/19	Anatomy of pulp space & Pulpal diseases and its management	Dr. Jyothilekshmi B
17/12/19	Steps in Root Canal Treatment	
20/12/19	Use of Ca(OH) ₂ in clinical situations, Irrigation Protocols in Endodontics, Obturation of the Pulp space	
23/12/19 (8-9)	Single Visit Endodontics	
23/12/19 (9-10)	Post Endodontic Restorations	

- Followed by Hands on 3 days - 3 Batches of 10 students each in Perio, Pedo, CD on 26th, 27th and 30th December 2019.



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Department of Orthodontics

DATE	TOPIC	FACULTY
01/01/20	How to clinically diagnose: Class I, II, III malocclusion	Dr. Rasha Nasim
02/01/20	Cephalometric Tracing and Diagnosis	
03/01/20	Myofunctional Appliances – Types, Uses & Applications	
06/01/20	Fixed Appliance Therapy	
07/01/20	Management of Simple Space Closures with Removable and Fixed Appliances & Management of Mixed Dentition Cases	

Department of Prosthodontics

DATE	TOPIC	FACULTY
08/01/20	Why & When Crowns and Bridges and types of Crowns & Bridges	Dr. Anjana Ravindran
09/01/20	Tooth preparation for different types of Crowns and Bridges	
10/01/20	Prosthodontic and Restorative Dentistry	
13/01/20	Impression, Types and Manipulation	
14/01/20	Different types of RPD – Trouble shooting and Management & Denture Duplication, Relining & Rebasing	

Department of Oral & Maxillofacial Surgery

DATE	TOPIC	FACULTY
15/01/20	Tips for Atraumatic Extraction of teeth & Different techniques of extraction	Dr Adersh G M
16/01/20	How to manage Bleeding during Extraction & How to manage Medically compromised patients	
17/01/20	Minor Surgical procedures	
20/01/20	Distinguish between Syncope and Anaphylaxis	
21/01/20	Management of Different types of fractures	



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Department of Oral Medicine & Radiology

DATE	TOPIC	FACULTY
03/02/20	Diagnosis of Hard tissue diseases & anomalies & Diagnosis of Soft tissue diseases	Dr. Aswathy K Vijayan
04/02/20	When to prescribe Blood investigations	
05/02/20	When to prescribe X-rays for different clinical situations – Periapical, Occlusal, Bitewing, O.P.G	
06/02/20	How to conduct a Dental checkup when referred from medical specialities	
07/02/20	Applications of CBCT in different clinical situations & Why Analog vs Digital x-rays	

Esthetic Dentistry

DATE	TOPIC	FACULTY
10/02/20	Management of Discoloured Teeth & Teeth Whitening	Dr Saranya S Nair
11/02/20	Veneers-Types & Preparation	
12/02/20	Basic Cosmetic dental procedures	
13/02/20	Smile Analysis – An Overview	
14/02/20	Why Aligners and its application	

Special Notes to Faculty Incharges:

1. Faculty during their Lecture and demonstrations should focus on the applied aspect.
2. Preclinical and Clinical training to be provided wherever applicable.
3. Those Junior Residents who wish to do Clinical Cases can bring their own patients.
4. Hand outs be provided highlighting the Take Home Messages in each Lecture.
5. A M.C.Q exam may be conducted comprising of 20 questions at the end of each department training programme, it should be evaluated, marks entered and the top 3 students be identified.
6. Chairsides discussions may be encouraged.
7. Attendance sheet of the enrolled candidates will be provided and it should be duly marked, signed by the faculty in charge and returned to the academic section staff on the same day.




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DEPARTMENT OF PERIODONTICS

(Faculty: Dr Seniya K M)

1. Differentiate b/w Gingivitis and Periodontitis

- Clinical features
- Management of localised and generalised gingivitis and periodontitis
- Management of bleeding from Gingiva
 - a. Spontaneous
 - b. While Brushing
 - c. Systemic
 - d. During Surgery

2. Importance of attached Gingiva in Periodontics & Implantology

3. How to perform a flap surgery

- Case selection – Single Tooth and Single Arch
- Surgical approach
 - i. Pre-surgical phase
 - ii. Surgical phase
 - iii. Post surgical phase
 - iv. Maintenance phase

4. How to perform Gingivectomy, gingivoplasty, depigmentation of gingiva and frenectomy

5. Root resection

- Case selection
- Indication
- Procedure
- Restorative phase

6. Tooth mobility and Management

- Preclinical and Clinical Demonstration whenever applicable



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DEPARTMENT OF PEDODONTICS

(Faculty: Dr Karthika S)

1. Space maintainers – indications and uses
 2. Stainless steel crowns
 - Indications, armamentarium for chairside fabrication
 3. Management of premature loss of young permanent anterior teeth
 4. Pulpotomy (indications, types, materials, clinical steps)
 5. Pediatric endodontics
 - Indications – deciduous teeth
 - Young permanent teeth
 - One step apexification
- Hands On whenever applicable




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DEPARTMENT OF CONSERVATIVE DENTISTRY AND ENDODONTICS

(Faculty: Dr Jyothilekshmi B)

1. Anatomy of pulp space
 - Anterior teeth
 - Posterior teeth
2. Pulpal diseases and its Management
 - Acute pulpitis – Diagnosis and Management
 - Pulpal necrosis – Diagnosis and Management
 - Pulp polyp – Diagnosis and Management
 - Etiology: Caries, trauma, periodontal diseases
3. Steps in Root Canal Treatment
 - Access Cavity Preparation
 - Working length determination
 - Hand instruments and Rotary instruments
 - Management of Curved canals/Calcified canals
4. Use of calcium hydroxide in clinical situations
5. Irrigation protocols in Endodontics
 - Static irrigation
 - Type of needles
 - Activated irrigation protocols
 - Type of irrigants
6. Single Visit Endodontics
7. Obturation of Canals
8. Post Endodontic Restorations
 - Preclinical and Clinical exercises on Single Rooted and Multi Rooted Teeth



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DEPARTMENT OF ORTHODONTICS

(Faculty: Dr Rasha Nasim)

1. How to clinically diagnose: Class I, II, III malocclusion
 - Difference between dental and skeletal defects
 - C/f of dental malocclusion
 - C/f of skeletal malocclusion
2. Cephalometric Tracing and Diagnosis
3. Myofunctional Appliances- Types, Uses and Applications
4. Fixed Appliance Therapy
 - Different types
 - Parts of a Fixed Appliance
 - Description of uses of different parts
 - Bracket, Tubes, Wires and its uses
5. Management of Simple Space Closures with Removable and Fixed Appliances.
6. Management of Mixed Dentition Cases.



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DEPARTMENT OF PROSTHODONTICS

(Faculty: Dr Anjana Raveendran)

1. An outline of Crown and Bridges

- Different materials
- Types PFM, Zirconia based, monolith, metal crowns
- Merits and demerits of each type

2. Tooth preparation for crown and bridges

- Anterior teeth
- Posterior teeth
- Special emphasis
 - i. Tooth reduction- occlusally, labially, lingually and proximally
 - ii. Placement of crown margins
 - iii. Temporization of crowns

3. Prosthodontic and Restorative Dentistry

- Removable & fixed prosthesis – Types and Fabrication
- In excursive movements
- Factors contributing to stability of Prosthesis

4. Impression, Types and Manipulation

- Impression is disinfected
- Pouring of impression
- Duplication of cast
- Die spacer, wax pattern/metal coping/layering of ceramic/final glazing
- Types and Materials for Sunflex and Breflex Partial Dentures

5. Different types of RPD

- Mouth preparation
- Types
- Clinical steps

6. Denture Duplication, Relining & Rebasing

- Indications
- Clinical Steps
- General Guidelines



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DEPARTMENT OF ORAL & MAXILLOFACIAL SURGERY

(Faculty: Dr Adersh G M)

1. Tips of Atraumatic Extraction of teeth

- Handling of soft tissues
- Reflection of periosteum
- Use of Physics forceps
- Use of periotome
- Preservation of socket after extraction

2. Different techniques of extraction

- Intact teeth
- Grossly decayed crown :single rooted, Birooted, Multirooted

3. How to manage Bleeding during Extraction

4. How to manage Medically compromised patients

5. Minor surgical procedures

- Soft tissue impactions
- Different types of flaps
- Flap variations as per clinical situation

6. Distinguish between Syncope and Anaphylaxis.

7. Management of Different types of fractures.




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ORAL MEDICINE & RADIOLOGY

1. Diagnosis of Hard tissue diseases & Anomalies (Teeth & bone)

Teeth:

- a) Caries - Types
- b) Periapical lesions
- c) Fracture of teeth

Bone:

- a) Alveolar Fracture
- b) Bone fracture
- c) Condylar fracture
- d) Angle of mandible fractures
- e) Cranial base fractures

2. Diagnosis of soft tissue diseases:

- Gingiva & Peridontium
- Soft palate
- Different types of ulcers

3. When to prescribe blood investigations:

- Systemic diseases- CVS, hormonal, CNS
- INR
- Low risk, Medium risk, High risk category

4. When to prescribe Xrays for different clinical situations:

- Type of Xray – Periapical, Occlusal, Bite Wing, OPG
- Indications
- Language to be used in prescription

5. Why Analog vs Digital x-rays:

- Merits
- American Association of radiology- positions taken

6. Applications of CBCT in different specialties (How to Interpret)

- OMR, Periodontics, OMFS, Orthodontics, CD&E, Prosthodontics

7. Protocols for dental checkup when referred from medical specialities:

- Why Dental Checkup?
- Physician and cardiologist
- General surgeon and orthopedician
- Nephrology and Neurology
- Gynaecologist
- Evaluating the current prescription and language to be used when referred after check-up



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ESTHETIC DENTISTRY

(Faculty: Dr Saranya S Nair)

1. Management of discoloured teeth

- Intrinsic - Hypoplasia, fluorosis, congenital
- Extrinsic - bacterial stains, acquired, trauma
- How to treat discolouration

2. Teeth whitening

- Indications
- Types
- Clinical steps
- Sensitivity and Management of complications

3. Veneers - An Insight

- Types
- Composite vs Ceramics- merits & demerits
- Tips in preparation, try in and cementation

4. Cosmetic recontouring and analysis of the face

- Alter size and shape
- Alter width and length
- Golden proportion

5. Smile Analysis – An Overview

6. What are Invis-Aligners

- Indications
- Fabrications
- Steps
- Monitoring
- Preclinical and Clinical Exercises will be provided wherever applicable



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CLINICAL TRAINING

This program is conducted for Junior Residents for improving their theoretical as well as clinical knowledge in dentistry.

The program will include all the important clinical branches of dentistry. A hands-on section will be included. The clinical training is meticulously organized by the respective departments as per schedule.

Date : 01.02.2020 - 29.02.2020

Time : 08.00am - 03.00pm

Venue : PMS College of Dental Science & Research



FINISHING SCHOOL

2020-2021

For Junior Residents



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PMS/ /CIR//2019

01.11.2019

Notice

The clinical training for Junior Residents has to be conducted by all departments of the college in the month of February 2020 as per the schedule given below. The topic for the training for each department is attached here with. If that particular day is a closed holiday, it has to be conducted on the next /prior working day. All HODS should ensure that the clinical training is meticulously organised by their respective departments as per schedule.

Clinical Training for Junior Residents 2020

Sl.No	Department	Date	Time
1.	Oral Medicine & Radiology	1/2/2020	8am-3pm
2.	Prosthodontics	5/2/2020	8am-3pm
3.	OMFS	10/2/2020	8am-3pm
4.	Orthodontics	13/2/2020	8am-3pm
5.	Pedodontics	17/2/2020	8am-3pm
6.	Periodontics	22/2/2020 24/2/2020	8am-3pm
7.	Conservative Dentistry	28/2/2020 29/2/2020	8am-3pm

Junior Residents Incharge

Special Notes

1. Faculty during their Lecture and demonstrations should focus on the **applies** aspect.
2. Hand outs be provided highlighting the Take Home Messages in each Lecture.
3. A M.C.Q exam may be conducted comprising of 20 questions at the end of each department training programme, it should be evaluated, marks entered and the top 3 students be identified.
4. Chairside discussions may be encouraged.
5. Attendance sheet of the enrolled candidates will be provided and it should be duly marked, signed by the faculty in charge and returned to the academic section staff on the same day.

Copy to: The Chairman, Vice Principal, Associate Dean (Academics), Department HOD's, Administrator, Manager, HR, Academics, File



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CLINICAL TRAINING SCHEDULE FOR INTERNS 2020

DEPARTMENT OF ORAL MEDICINE AND RADIOLOGY

Date : 1/2/2020

Sl.No	Topic	Faculty	Time
1.	Introduction to Digital Radiography	Dr.Vivek.V	8.30am-10am
2.	Interpretation of Digital X-Rays	Dr.Sunila Thomas	10am-11am
3.	Introduction to CBCT	Dr.Aswathy.K.Vijayan	11am -12pm

12.00pm -1.30pm - Demonstration of Digital X-Ray System

1. Vista Scan
2. Digora Optime
3. CBCT

1.30pm -2.00pm - Lunch

2.00pm -3.30pm – 1.Basics of Digital Image Manipulation

2. Prescribing an X-Ray



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DEPARTMENT OF PROSTHODONTICS

Date : 5/2/2020

Sl.No	Topic	Faculty	Time
1.	Denture Duplication	Dr.SapnaBhaskaran	8.30am-9.30am
2.	Denture Relining	Dr.Anjana Ravindran	9.30am-10.30am
3.	Denture Rebasing	Dr.Sangeeth.K.Churian	10.30am-11.30am
4.	Designing of Cast RPD	Dr.Dinesh.N	11.30-12.00pm

12.00pm – 1.30pm – Clinical Demonstration on Patients

1. Relining of Dentures
2. Rebasing of Dentures
3. Designing of Cast RPD
4. Tooth Preparation on Typodont Maxillary Central Incisor (PFM)

1.30pm -2.00pm -Lunch

2.00pm -3.30pm – Hands On Programme Continued



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DEPARTMENT OF ORAL AND MAXILLOFACIAL SURGERY

Date: 10/2/2020

Sl.No	Topic	Faculty	Time
1.	Tips and Tricks in Exodontia	Dr. Nikhil Kurien.M	8.30am-10am
2.	Management of Broken Root	Dr. Shiad Salim	10am-11am
3.	Surgical Removal of Impacted Tooth	Dr. Surej Kumar L.K	11am-12pm

12.00pm -1.30pm – Clinical Demonstrations on Patients

1. Difficult Extractions
2. Minor Surgical Procedures
3. Surgical Removal of Impacted Tooth
4. Periotom Assisted Extractions
5. Different Suturing Techniques

1.30pm -2.00pm -Lunch

2.00pm -3.30pm – Clinical Demonstration on Patients



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DEPARTMENT OF ORTHODONTICS AND DENTOFACIAL ORTHOPAEDICS

Date : 13-02-2020

Sl.No	Topic	Faculty	Time
1.	Removable Orthodontic Appliance and Ceph. Tracing	Dr.Roopesh.R	8.30am -9.15am
2.	Myofunctional Appliance	Dr.Roopesh.R	9.15am -10am
3.	Myofunctional Appliance	Dr Madhav Manoj	10.00am-10.45am
4.	Fixed Orthodontics	Dr.Madhav Manoj	10.45am-11.30am
5.	Special Appliances-Head Gear, Chin Cap and Arch expanders	Dr.Deepu Leander	11.30am-12.15pm

12.15pm -1.30pm – Live Demonstration – Dr.AneeshAlim, Dr.Reshma Ravindran and Dr.Sujith Shivarajan

1. Myofunctional Appliances
2. Orthodontic Appliances
3. Lingual Orthodontics
4. Clear Aligners

1.30pm -2.00pm -Lunch

2.00pm -3.30pm -Demonstration Continued



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DEPARTMENT OF PEDODONTICS

Date: 17/2/2020

Sl.No	Topic	Faculty	Time
1.	Pulpal Pathologies- Primary & Permanent Teeth	Dr Sageena George	9.00am - 9.45am
2.	Pulpotomy -Techniques	Dr .Karthika	9.45am - 10.30am
3.	Stainless Steel Crowns	Dr Jyothi Sumi Issac	10.30am - 11.30am

11.30am -11.45am- Break

11.45 am – 1.30pm – Demonstration on Patients

- Molar Banding and Hands on for Space maintainer selection
- Management of Spaces following premature loss of Primary Teeth

1.30pm -2.00pm – Lunch

- 2.00pm -3.30pm -
- Festooning of Stainless Steel Crowns
 - Fracture Reattachment and Splinting



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DEPARTMENT OF PERIODONTICS

Date: 22/2/2020 and 24/2/2020

22/2/2020

Sl.No	Topic	Faculty	Time
1.	Diagnosis & Treatment Planning	Dr.Seba Abraham	8.30am -10am
2.	Periodontal Surgical Procedure	Dr Arunima P.R	10am-11.30am

11.30am-11.45am –Break

11.45am – 1.30 pm - Clinical demonstration on Patients

- Disinfection of a Pocket
- Gingivectomy
- Frenectomy
- Root Planing

1.30pm -2.00pm –Lunch

2.00pm – 3.30pm – Hands On Surgical Training on Goat Jaw

24/2/2020

Sl.No	Topic	Faculty	Time
1.	Periodontal Diseases on Systemic Health	Dr.Ambili Vinod	8.30am-9.30am
2.	Gingival Depigmentation	Dr.Reeja.M	9.30am-11.30am

11.30am -11.45am – Break

11.45am- 1.30pm – Clinical Case Demonstration on Patients

1.30 pm – 2.00pm –Lunch

2.00pm -3.30pm – Hands on Training Continued



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CONSERVATIVE DENTISTRY AND ENDODONTICS

Date : 28/2/2020 and 29/2/2020

28/2/2020

Sl.No	Topic	Faculty	Time
1.	Diagnosis in Endodontics	Dr .Afzal.A	8.30am -9.45am
2.	Access Cavity Preparation & Working Length Determination	Dr.Sheila George	9.45am-11am
3.	Cleaning and Shaping	Dr.AdarshJayan	11am-12.30pm
4.	Iatrogenic Errors	Dr.Nikhil Murali	12.30pm-1.30pm

1.30pm - 2.00pm - Lunch

2pm – 3.30pm - Hands On Demonstration on Extracted Tooth –Access Cavity Preparation, Working Length, Cleaning and Shaping

Each Participant has to bring Enamel Tray, 3 Freshly extracted anterior teeth , 15-40 size K-File, Gates Glidden Drills (Size 1&2),Metallic Scale , Airrotor, Micromotor (Contraangled), burnisher, Finger spreader and Plugger (15-40 size)

29/2/2020

Sl.No	Topic	Faculty	Time
1.	Obturation of the Pulp space	Dr.Shemil Mohammed	8.30am-10am
2.	Post Endodontic Restorations	Dr. Asmin Shahul	10am-11.30am
3.	Trouble Shooting in Endodontics	Dr. Abe Antony	11.30am-1.00pm

1.00pm -1.30pm -Lunch

1.30pm -3.30pm – Hands On Training in Obturation of Pulp Space, Different Techniques of Obturation and Core Materials -Indications and Contraindications



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