2020-2021

REPORT NSS ACTIVITIES

NATIONAL SERVICE SCHEMES





CAMP REPORT

Report of Dental Camp organized by PMS NSS Unit on 9-01–2020

The National Service Scheme of PMS COLLEGE OF DENTAL SCIENCES AND RESEARCH, VATTAPARA, TRIVANDRUM organized a one-day free medical camp for the benefit of public in HARVEST SCHOOL on 9th January 2020 (Thursday). The Dental camp was conducted at Parantode and its organizing team included NSS volunteers led by Dr. Vivek, NSS Programme Officer and Dr. Deepan (Assistant Professor, Public Health Dentistry).

The teams arrived to the location at 10 am and the camp was inaugurated with a welcome speech by the HM of the school. In total, 278 villagers attended the medical camp and benefitted. Few of the patients were referred by the doctors for further treatment at PMS College of Dental sciences and Research. The NSS volunteers played a vital role in making this camp success with their dedication in serving people, they directed people in all needy way.





HEPATITIS VACCINATION DRIVE REPORT

Report of HEPATITIS Webinar and Vaccination Drive organized by PMS NSS Unit on 28-07-2021 The National Service Scheme of PMS COLLEGE OF DENTAL SCIENCES AND RESEARCH, VATTAPARA, TRIVANDRUM organized an online free webinar "Hepatitis B in a Nut Shell- The Basics" for the benefit of public in 28-07-2021 (Wednesday). The webinar was conducted online and its organizing team included NSS volunteers led by Dr. Vinod Nair S, NSS Programme Officer. Key Speakers were Dr Shiffi Fazal (District Nodal Officer of Alappuzha) and Dr. Rafeeda KM (Covid Nodal Officer/ Associate Nodal Officer).

Webinar started at 7 pm with a welcome speech by Principal of our College, Chairman and Vote of Thanks delivered by our Director, PG Studies. The NSS volunteers played a vital role in making this webinar success with their dedication in serving people, they directed people in all needy way. Vaccination drive continued with providing Vaccine for those whose titre values are compromised.

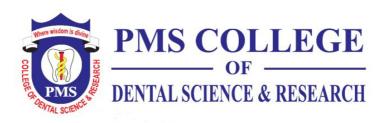












ELIXIR, Blood donation Drive, 9-12-2021

Introduction:

Almost all serious health issues use blood donated by people. Blood donated by each individual can be used for critical surgeries like cardiovascular procedures, treatment of malignancies, organ transplantations etc. It is important for people suffering from immune system disorders and bleeding disorders and those who have lost a large volume of blood.



Amidst this pandemic, there has been a huge inflow of patients suffering from various diseases and conditions which declined the willingness of people to donate blood. In the meantime, the need for blood has increased more than usual, which highlights the importance of donating blood.

Blood donation is all about giving life to other people. Understanding the importance of donating blood, the Department of Public Health Dentistry, the faculties of other fraternities, **students**, **in association**



with NSS and Alumini of PMS College of Dental science and Research took the initiative to organise a **Blood Donation Drive** in the college premises, on 09.12.2021 from 9:00 am to 1:00pm.

The faculties and technicians from Sree Chithra Thirunal Institute for Medical Science and technology were invited through the Kerala Blood Donor's Association for the campaign.



PROGRAMME EVENTS

The programme was inaugurated by the principal Dr. Rajesh Pillai, by delivering a welcome speech and added on the significance of the program at 9:50am through Zoom platform.

An awareness talk on importance of blood donation was organized for patients and was delivered by Dr. Rakesh Koshy Zachariah, Professor and Dr Vinod Nair S, Reader Department of Oral and Maxillofacial Surgery & Dr. Swathi Anand P J, Dr. Deepan Kumar, and Dr. Kiran Shankar of Department of Public Health Dentistry, actively organized the venue, screening for fitness of potential donors with the Interns.

The Blood collection, preceded by initial screening with questionnaires and counselling, health fitness check-ups (Haemoglobin counts, weight) and medical fitness was obtained with consultation, by Dr. Angel Mary, MBBS, MD.

Faculties, staff and students who willingly appeared for blood donation drive venue were sixty-five (65) in number, following screening only 30 were fit for donation of blood.

The donors, following the donation of blood were given refreshments, sponsored by the HDFC, MG road, Trivandrum and as token of appreciation from the Sree Chitra Thirunal Institute the students received a certificate for participation.





The program came to an end with the last donor, receiving the refreshment and certificate at 1.00 P M. A total of 13 Volunteers and staff from the association and the blood bank, with 6 In house volunteers and Dr Sadique representing the alumni, were appreciated by Dr Vinod Nair S and Dr Deepan Kumar C V with vote of thank and Hi-Lunch was provided.



CONCLUSION

The major reasons for the non-acceptance during screening of the people were low Haemoglobin levels, low blood pressure, and underweight. Majority of the people who were not accepted were females.



KERALA YOUNG THINKERS MEET 2021

INDIAN FOUNDATION organised "KERALA YOUNG THINKERS MEET 2021" for mentoring young intellectuals for future leadership on 19th December 2021. NSS, PMS College of Dental Science and Research selected 6 NSS Volunteers to attend and participate for representing PMS College of Dental Sciences and Research. Session started at 10am and topics included "Defining India", "Contemporary Geopolitics", "Focus on Kerala" and later followed by Valedictory Function. NSS Volunteers felt attending this conference was the perfect way to gain new knowledge, meet esteemed speakers and expose themselves to new perspectives in their own field.









