

**PMS COLLEGE OF DENTAL SCIENCE AND RESEARCH**  
**REPORT ON IMPLEMENTATION OF TOBACCO CESSATION CLINIC**

**PROGRAMME 1**

Reference: Kerala Dental Council No.D.668/19/DC;

Credit Points Awarded: 6 Points for registered participants.

**Title of the programme: Tobacco Cessation Training**

Venue: PMS College of Dental Science and Research, Vattapara, Trivandrum

Dated: 18<sup>th</sup> Feb 2019

Time: 8am-4.30pm

CDE Faculties: Dr. Prathima Murthy, Dr. Narasimha V.L., Dr. Prabhat Kumar Chand

Dr.Prathima Murthy, Professor of Psychiatry and Head, Centre for Addiction Medicine, NIMHANS, Bangalore, Dr.Prabhat Kumar Chand, Professor of Psychiatry, coordinator- NIMHANS Digital Academy and Dr. Narasimha V.L., were the faculties for the programme "**Tobacco Cessation Training**". Total participation of the programme was 140. The function was concluded with the inauguration of the institutional- TOBACCO CESSATION CLINIC.

Dr. Prathima Murthy started the lecture on Overview of tobacco dependence from 9.30am-10.30am. Dr. Narasimha V.L. discussed on Counselling and pharmacological Intervention from 10.40am-1.00pm with an interactive session of 15 minutes. After that an Interactive session was done by Dr. Prabhat Kumar Chand on handling difficult patients from 1.30pm-2.30pm. Then Dr. Prathima Murthy continued the lecture on Framework, Guidelines For setting up tobacco cessation clinic till 3.30pm. The programme was concluded at 4.30 pm with a multimedia programme by Mr. Raju Kuttikkadu.

**PROGRAMME 2**

**Tobacco Cessation Clinic – Workshop**

Venue: TCC CLINIC ,PMS CDS&R

Dated: 12<sup>th</sup> April 2019

Time: 9am-1pm

Faculty: Dr. Jayakrishnan, Community Oncology ,Regional Cancer Centre, TVM.

Dr. Jayakrishnan who heads the TCC in RCC Tvm, discussed with the various topics including work flow, patient managements, ways to overcome challenges involved in patient retention and cessation compliance. He also provided his views for preparation of educational materials for the clinic. Role play was conducted to visualise the patient interview pattern by participating interns. Faculty members Dr.Sunila ( Dept of Oral Medicine ), Dr,Sunjith Sudhakar ( Dept of Oral Pathology) and Dr.Swathy Anand (Dept of Public Health Dentistry) participated in the workshop. Post Graduate students and Interns from the concerned department also attended the programme.